

Student story (7) Worries and distraction all the times

	Home Language	Learning group / Verbal ability	Mode / Tools of using text		Time of the record	Intervention period
Phil	English	Moderate grade Limited dialogue	Write and type English independently	-Paper and pen -Keyboard -Tablet	S.3	-English learning since young from previous schools. -CRAFT communication since S.3.

Background :

- This S4 student can type in full sentence and sustain short dialogue in English but is often lost in his own thoughts.
- Obsessive thoughts have been affecting his learning and social interaction.
- His past language use and learning were more focused on discrete skills than on social communication.
- He showed more engaged interaction and exchange with texts typing.

Counselling beliefs and attitudes:

- All behaviors have their own causes and reasons. Any response can have meaning for communication.
- Dialogue will continue if the student's core concern is addressed.
- Being understood and accepted will lead to intrinsic motivation to connect with people and self-improve.

Record of Individual lesson	
Psychologist's speech and typing	Phil's typing and speech / 'Phil's speech'
Are you really anxious recently?	
	Scream from a sound machine
Is G screaming inside?	
	Yes
What are you worrying about?	
	Poo Poo Everywhere
Are germs everywhere?	
	Dirty floor
Are you thinking about dirt all the times?	
	I am thinking about cleaning floor dirty floor all the times.
Does the thinking bother you?	
	'yes'
Do you want to stop the thinking?	
	Love whistle from a sound machine Bomb dropping from a sound machine
Do you want a gentle reminder or a harsh strong intrusion from others?	
	Shotgun from a sound machine
Glass breaking sound makes you happy?	
	The glass are broken.
The scene of glass broken makes Phil ...	
	Surprised. Smashes tv smoke? Fortnite rage
Please limit the viewing of all these YouTube videos (shared by Phil).	
	In the bathroom I guess
You can watch the videos some of the time in private. You can connect with other people. Videos can distract Phil from ...	
	Too much worries
Does talking with me help distract your worries?	
	Yes it helps. Npw is sprung and battery